Frustration Intolerance among the students of Medical/Dental Institutes of Karachi

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ABSTRACT

Medical students are the potential future health sector workforce who are going through strenuous schedules which causes positive as well as negative impact on their academic performance. The cross sectional research was conducted to study frustration intolerance and its impact on academic achievement among the medical and dental students of Karachi. 384 respondents from three medical institutions of Karachi were selected through non probability consecutive sample and Frustration Discomfort Scale (FDS) was administered. The scale has four subscale evaluating Discomfort Intolerance Scale, Entitlement Scale, Emotional Intolerance Scale and Achievement Scale. The result indicated that frustration level among the medical students is significantly related to their CGPA. Study also showed that gender, part time job and age are also certain factors which can vary frustration level among the students.

Keywords: Frustration, Intolerance, CGPA